

HEROIN

aka down

What is it?

Heroin is an opioid that comes in the form of powder or tar. The colour and texture of heroin can vary greatly.

How do I take it?

Heroin can be injected, smoked and/or snorted.

Dosage?

Due to the unregulated market, heroin can vary widely in potency and may contain adulterants such as benzos or fentanyl, making the dose much stronger than expected. Dosage will also depend on method of consumption and individual tolerance.

How does it work?

Heroin breaks down into morphine in the body. It is semi-synthetic as it comes from the natural poppy opium but has additional chemical processing that allows it to enter the brain faster for a more immediate high.

Onset/Duration

If injected, effects can be felt within seconds. If smoked, initial effects may be felt within seconds with peak effects 10-15 min. later. May last up to 5 hrs.

Effects

Heroin causes euphoria, sedation, relief of physical and emotional pain, and a feeling of tranquility. It can also cause dehydration, nausea, itchiness, and slowed breathing.

What are we finding?

Heroin is typically sold as "down" which is often a blend of heroin, fentanyl and a cutting agent such as caffeine or sugars. When checking your drugs we can usually tell you if fentanyl is present and in what approximate quantity! Recently, we have seen benzos in down more frequently. Because heroin often contains other drugs and cutting agents, come have your drug tested to learn more. You can also see our website for a detailed report of recent drug checking findings.

Harm Reduction

- Because the composition and potency of heroin can vary greatly, start low and go slow.
- Whether smoking, injecting or snorting, try to have your own gear
- Tolerance can develop quickly and lower after taking a break. If you haven't used in a while, start low.
- Mixing heroin with other substances (including alcohol) can have unexpected and potentially dangerous effects - if mixing, start low and go slow.
- If possible, use with someone you trust that knows how to administer naloxone.

More Info

<https://psychonautwiki.org/wiki/Heroin>

<https://harmreductionto.ca/heroin>

<https://drugs.tripsit.me/heroin>

<https://erowid.org/chemicals/heroin/>

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