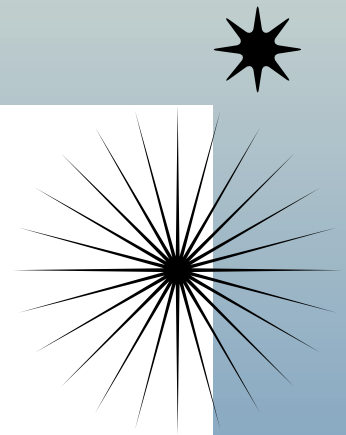


LSD

(acid, tab)



WHAT IS IT?

Acid is a psychedelic that is synthetically made from lysergic acid. It is often found as paper tabs soaked with liquid LSD, but may also be found dissolved on a sugar cube, as a liquid, or microdots

HOW DO I TAKE IT?

Most often taken orally

DOSAGE

Dosage depends on tolerance, as frequent use of LSD may increase tolerance. Commonly suggested dosage is as follows:

- Microdose: 5 - 20 micrograms
- Common recreational dose: from 15-150 micrograms (a tab usually contains 30-100 micrograms)

ONSET/DURATION

Effects may be felt from from 15 minutes to 1 hour and begin to subside after 5 - 6 hours. Duration ranges from 8 - 12 hours

EFFECTS

Effects can vary greatly based on physical setting, emotional state and dose.

At a microdose, mental clarity, creativity, and mood elevation may be experienced.

At a higher, recreational dose, hallucinations may occur. Effects may include distorted sight, sound and touch sensations. Slowness of time, enhanced colour and imaginary visions are often experienced.

With any dose, shifts in mood during the trip may include joy, euphoria, calmness excitement, fear and anxiety. Physical effects can include increased body temperature and nausea.

WHAT ARE WE FINDING?

LSD is challenging for us to test because it is usually present in low concentrations on blotter paper, so the paper makes up the greatest portion of the sample. We can usually confirm the presence of LSD and try to rule out the presence of NBOMe (a class of highly potent synthetic psychedelic with different effects than LSD).

HARM REDUCTION

- A LSD trip can be influenced by your environment. Choose a space where you feel comfortable, safe and in control.
- Start low and go slow, especially if you are new to using LSD or combining with other substances.
- Find a trusted friend that can keep you company or that you can check in with.
- Choose a time where you have few commitments or responsibilities for the the time during and immediately after your trip.

MORE INFO

<https://drugs.tripsit.me/LSD>
<https://psychonautwiki.org/wiki/LSD>
<https://harmreductionto.ca/lsd>

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